



### **Local pregnancy loss and child bereavement support organisations in Nottinghamshire**

- Support for families part of the Ockenden Review of Nottingham Hospitals  
[Family Psychological Support Services \(FPSS\)](#)  
0115 200 1000  
[Trentpts.fpss@nhs.net](mailto:Trentpts.fpss@nhs.net)
- Advocacy service for families to be supported (not part of the Ockenden Review) in Nottinghamshire  
[Maternity and Neonatal Independent Senior Advocate \(MNISA\)](#)  
07770 544 808  
[nnicb-nn.nuhmaternityneonataladvocate@nhs.net](mailto:nnicb-nn.nuhmaternityneonataladvocate@nhs.net)
- [SANDS United Nottingham Football team](#)  
Supporting bereaved dads  
[sufcnottingham@gmail.com](mailto:sufcnottingham@gmail.com)
- [Forever Stars Stillbirth and child bereavement](#)  
Contact form on website  
[enquiries@foreverstars.org](mailto:enquiries@foreverstars.org)

### **National pregnancy loss and child bereavement support organisations**

- [SANDS Stillbirth and Neonatal Death support](#)  
0808 164 3332  
[helpline@sands.org.uk](mailto:helpline@sands.org.uk)  
Helpline open 10am-3pm, Mon-Fri, 6pm-9pm Tues, Weds, Thurs
- [Miscarriage Association](#)  
01924 200799  
[info@miscarriageassociation.org.uk](mailto:info@miscarriageassociation.org.uk)  
Helpline open 9am-4pm, Mon-Fri

- [Child Bereavement UK](#)  
0800 02 888 40  
helpline@childbereavementuk.org  
Helpline open 9am-5pm, Mon-Fri
- [ARC Antenatal Results and Choices](#)  
020 7713 7486  
info@arc-uk.org  
Helpline open 10am-5.30pm Mon-Fri
- [The Ectopic Pregnancy Trust](#)  
0207 7332653  
Request a call back (within 24-48hrs)
- [Footprints Baby Loss \(Twin and Triplet\)](#)  
Contact form on the website  
[support@footprintsbabyloss.org](mailto:support@footprintsbabyloss.org)
- [Petals Baby Loss Counselling charity](#)  
0300 688 0068  
Contact form on website  
[counselling@petalscharity.org](mailto:counselling@petalscharity.org)
- [Teddy's Wish Baby Loss charity](#)  
[support@teddyswish.org](mailto:support@teddyswish.org)

### **National mental health support organisations and helplines**

- [The Compassionate Friends](#)  
0345 123 2304  
helpline@tcf.org.uk  
Helpline open 10am - 4pm, 7pm - 10pm, 365 days a year
- [Samaritans](#)  
116 123  
jo@samaritans.org  
Helpline open 24/7, 365 days a year
- [SHOUT](#)  
Text shout to 85258  
Helpline open 24/7, 365 days a year
- [CALM](#)  
0800 58 58 58  
Helpline open 5pm - midnight, 365 days a year